

Protect yourself from West Nile virus

Use insect repellent* when you go outside.

Drain standing water regularly. Mosquitoes breed in water that collects in buckets, tires, gutters, and saucers.

Wear long sleeves and pants at dawn and dusk when mosquitoes are most active.

Keep screens on doors and windows in good condition to keep mosquitoes out.



**FIGHT
THE BITE**

* Approved repellents contain DEET, picaridin or oil of lemon eucalyptus.



TEXAS
Department of
State Health Services

www.txwestnile.org

